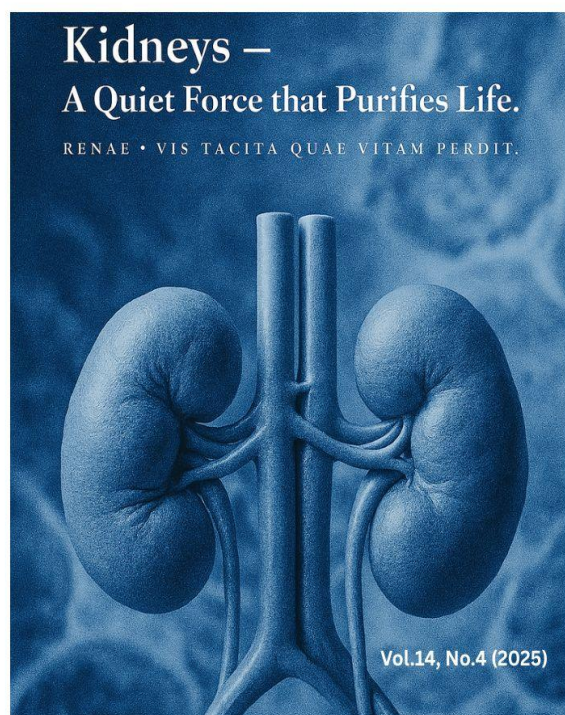


Renes — vis tacita quae vitam purgat
Kidneys — a quiet force that purifies life



Editor's Foreword

“To understand the kidney is to understand life — from cell to society.”

Dear colleagues, readers, and friends,

You are holding the fourth issue of ***Kidneys***, a journal that continues our shared mission: to unite knowledge, experience, and humanity around one of the most delicate systems in the human body.

The kidney is not just an organ. It is a source.

In an old parable, a healer tells a young apprentice: "If the spring is clean, the river flows peacefully. If the spring is polluted, the water poisons everything around it."

And when the spring dries up, it must not only be treated — it must be protected.

Today, more than ever, we understand that nephrology is not only about treatment. It is about prevention, education, interdisciplinary collaboration, and human empathy.

In this issue, you will find articles that touch on clinical practice as well as ethical, educational, and social dimensions of nephrology. We believe that this multidimensional approach is what makes our publication vibrant, relevant, and necessary.

May our shared journey follow the wisdom of the proverb: "Slow and steady keeps you healthy — and takes you far."

With sincere appreciation for your trust,

Prof. Dmytro Ivanov

Editor-in-Chief, ***Kidneys***